



*SYSA's Vision: Create a positive space where kids can play soccer with their friends, develop soccer skills, and become their best selves.*

## FREE Positive Coaching Alliance Coaches Workshop March 18

Free to all SYSA Coaches, SYSA is offering this workshop to kick off the Spring Soccer season. A free “*Double Goal Coach*” book will be given to all who attend.

**When:** Sunday, March 18 2018, 4pm—5:30pm

**Where:** Mountaineers Club, 7700 Sand Point Way, Seattle, inside Magnuson Park ([map](#))

**Who:** All SYSA registered coaches and team managers

**Cost:** Free, no registration required

### OTHER UPCOMING PCA WORKSHOPS

SYSA will be offering a set of Positive Coaching Workshops in August and September 2018. These workshops, facilitated by trainers skilled in the PCA model, will help all coaches understand how to get the best out of their players, while making the sport fun to play and a great way to learn life lessons. More information about the workshops will be sent and posted soon on the SYSA web site and Facebook page.

### THE DEVELOPMENT ZONE

SYSA shares the PCA value that a positive approach to coaching will have positive outcomes on the field and in life. To foster this positive approach, SYSA will institute the “Development Zone” for all practices and games. Within this zone, coaches and parents create a safe space for players to work hard and learn the game, have fun, be creative, and avoid the pressure that too often comes with playing sports as a child.

### HOW THE PCA CAN HELP YOU BE A BETTER COACH

The PCA has a rich set of tools and resources for coaches to get the best results from their players.

- Coaches toolbox
- Parent pledge
- Tips for First Time Sports Parents
- Organizing a Parent Meeting
- Tips for a First Time Coach
- Coaching Your Own Child

All these easy to use lists and worksheets are available on the PCA web site:

[www.PositiveCoach.org](http://www.PositiveCoach.org)

**Look for more ways** to learn about PCA and how it can help your coaching experience over the coming weeks on the SYSA web site and on the SYSA Facebook page!