



2024 SYSA Spring Soccer Coaches' Meeting



Welcome!

Meet the Staff



Meet the SYSA Staff

David Griffiths.....Executive Director

Paige Blomsø, Anne Bare & Kristin Bates.....Registrars

Stephanie Skinner & Megan Lund.....Field & Game Schedulers

Ken Sloan.....Spring Soccer Field Coordinator



About SYSA

- Established in 1969
- 12 neighborhood clubs, 1 Select/Premier club & 1 TOPSoccer Program
- Nonprofit, 501c3, as well as all of its clubs.
- Board of Commissioners; elected board officers; small staff; volunteer driven. Want to get involved?
- Local clubs organize U6-9 fall play
- SYSA organizes fall Citywide League at U10-U19, and Spring Soccer at U6-19
- Thanksgiving U9/10 Jamboree, December City Tournament
- Training; oversight; liaison to Washington Youth Soccer, Seattle Referees, field providers, Coach Education.



What is SYSA Spring Soccer?

It's Different Than Fall Soccer!!

- No practices are scheduled.
- Games are played on Sundays.
- Organized by SYSA, not your local clubs
- Modified small-sided games
- Creative use of field space by players
- Age limitations still apply



Rosters & Registration

Paige, Anne & Kristin



Important Team Roster Info

- Your spring soccer team roster does not affect your fall team roster.
- The registrars in each SYSA club make decisions about fall team make-up and club policy varies across SYSA.
- Please avoid ‘team building’, such as adding additional select soccer players (Remember - spring soccer is not about wins and losses. It focuses on providing opportunities for player/team development and most importantly, FUN).



Registration Rules

- All players **must** be registered, and listed on your roster.
- All coaches **must** be RMA cleared, and listed on your roster (this includes all adults participating with the team, including parent referees).
- Medical Release Waiver is required for each player, and must be kept at the field at each game.



Registration Procedures

- Think of your roster in Demosphere as a communication tool between yourself and the SYSA registrars - it indicates who is eligible and participating with the team this season.
- List all changes in the shared Google docs as communicated previously.
- Watch for 'notes' & communication in that doc as the registrars work through roster edits, players adds, and the like.
- For Bal, HW & LVR teams, contact Paige at paige.blomso@sysa.org
- For CH, LC, MBL, QA, & SL,teams, contact Kristin at kristin.bates@sysa.org
- For BH, Mag, McG, and WD teams, contact Anne at anne.bare@sysa.org
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Viewing Your Roster in Demosphere

Using the mobile app:

1. Download the app onto your phone or other device first.
2. Sign in using your Demosphere credentials.
3. Select the Teams badge on the app home screen to access your team pages.
4. <http://supportcenter.demosphere.com/training-resources/demosphere-mobile-app>

Viewing your team pages on your desktop or laptop:

<https://my.demosphere.com/sign-in>

1. Sign in using your Demosphere credentials.
2. Click the Teams toolbar to access your team pages.
3. <http://supportcenter.demosphere.com/team-pages>.

Please note: while it will appear that you make changes to your roster, this functionality in Demosphere has been disabled and all changes must be handled by the SYSA registrars.



Coach & Volunteer Clearance

- All coaches and team volunteers:
 - must have current RMA clearance thru April, 30, 2025
 - must be listed on the team roster in Demosphere.
- ***Volunteers who do not renew now will pulled from their roster on May 1 after expiring on April 30.***
- Anyone listed on the team roster in Demosphere has RMA clearance (since SYSA staff will not add volunteers to the roster until the application is submitted and clearance received).
- Background check info was sent to all coaches on Mar 7th. Please check in with your assigned SYSA registrar should you need further guidance.



Field & Game Scheduling

Stephanie & Megan



Spring Scheduling

Spring Season overview:

- Games will be played on Sundays 4/7 - 6/16*
 - **No games over Memorial Day weekend (5/26)*
- 8 games played across 10 weeks (not counting the holiday)
- Each team will have two BYE weekends (in addition to the holiday) assigned at random
- Level requests have been accommodated wherever possible

Spring scheduling constraints:

- Limited availability of field/goal combinations restrict when/where games can be played
- Spring Break weekends affect everyone; between local schools, the rolling Spring Breaks span at least 4 Sundays. We aren't able to adjust schedules around school breaks.



Spring Scheduling cont.

Coaches of Multiple Teams:

- The schedulers will make note of coaches with multiple teams and make every effort to schedule their games accordingly.

Game Conflicts:

- Unfortunately rescheduling games is not possible due to our tight field constraints this time of year.
- Can't make the game? Please contact the opposing coach and communicate your situation a few days prior to the match
- Options:
 - If only one team can make the game, use the field for a scrimmage, parents vs kids game, or training drills.
 - Low on numbers? Show up anyway and mix-up the teams.
 - The field space is yours: be creative and have fun!



Schedules will be available Mon, 3/25

*Find them on SYSA.org under “Fields & Schedules.”
They will also be posted on the **Demosphere Mobile App***



The screenshot shows the SYSA.org website with a green navigation bar. The 'FIELDS & SCHEDULES' menu is open, listing several options. The 'Spring Rec Soccer (U6-U19) - Apr-Jun' option is circled in red. Below the menu is a large image of a soccer team huddle with the SYSA logo in the center. The text 'SEATTLE YOUTH SOCCER ASSOCIATION' is written in blue at the bottom of the image. At the very bottom of the page, there are several small logos for various programs and initiatives.

- Find Your Field & Updates
- Field Rules, Issues & Safety
- Field Permits
- Fall Rec League (U10-U16) - Sept-Nov
- WYS League WA (U17-U19) - Sept-Nov
- The City Tournament (U11-U19) - Dec
- Spring Rec Soccer (U6-U19) - Apr-Jun**
- Seattle United (U8-U19) - Year Round

SEATTLE YOUTH SOCCER ASSOCIATION



Spring Field Locations

Age Group	Location #1	Location #2	Location #3	Location #4	Location #5	Location #6	Location #7
U6/7	Lower Woodland 2						
U8	Garfield HS						
U9/10	E Queen Anne	BF Day Elem	Ridgecrest Elem	Rainier Beach CC	McGilvra Elem	Van Asselt Turf	Salmon Bay Elem
U11+	Whitman MS Turf	Eckstein MS	Ballard HS	Shoreline A&B	Franklin HS		



Coach Contact Information & Responsibilities

- Contact information for opposing teams will be available within the schedule on the SYSA website.
- Reach out to the opposing team prior to each game to confirm availability, jersey colors, etc.
- If one/both teams cannot make the game, please email SYSAschedules@SYSA.org with the game info. Referees are working some games so we need to know if you are NOT playing a game.

WD Lightning Bolts (2023) TEA

Team Uniform

HOME

AWAY

Team Links

[Official Team Schedule](#)

[Team History](#)

[Other teams](#)

Team Contact Info

Manager
Ingrid Wertz (206) 491-5841 [EMAIL](mailto:Ingrid.Wertz@SYSA.org)

WD Lightning Bolts Schedule Calendar MR:

GAME#	Date	Time	Home	MR	Away	Location
April 2023						
5500	Sun Apr 2	5:00 pm	MBL Falcons	vs	WD Lightning Bolts	Franklin High School S
5505	Sun Apr 16	6:00 pm	WD Lightning Bolts	vs	SC QA Snorting Wolves	Interbay Stadium E
5508	Sun Apr 23	5:00 pm	WD Lightning Bolts	vs	WD Cascades	Tobacco Stadium E



Field Set-Up

Ken



Field Set-Up

- Goal set up crews
- Don't change field sizes or move the goals.
- If the cones & goals are moved out of place during the game replace them for the teams playing after you.
- Please pick up all water bottles, litter, etc at the end of the game for those using it after you. We don't keep a lost and found.
- Field numbering charts will be on our web-site



Field Locations & Layouts

- **U6 & U7 games at Lower Woodland #2**
Set up crews will put out goals and cones
- **U8 games at Garfield HS**
Set up crews will put out goals and cones
- **U9 at different locations**
Game fields are set up across the width of the field. **Bring your own cones!**
- **U10 and older**
Game fields are set up across the width of the field. **Bring your own cones!**



Game Day: Rules, Referees & Safety

David



Basic Rules

Age Group	Max Roster Size	Ball Size	Players on Field	Build Out Line	Offsides Inforced	Heading Allowed
U6	9	3	4 NO GK	YES	NO	NO
U7	9	3	4 NO GK	YES	NO	NO
U8	10	3	5	YES	NO	NO
U9	12	4	7	YES	NO	NO
U10	12	4	7	YES	YES	NO
U11-12	16	4	8	YES	YES	<u>NO</u>
U13+	16	5	8	NO	YES	YES



Staying on Time

- **START GAMES ON TIME!** All games start on the hour, run 55 minutes, and include a 5-minute halftime and 2x25min halves.
- **END YOUR GAME ON TIME!** All games must end 5 minutes before the hour.
- **RESPECT** the teams that come after you by starting and ending on time and cleaning up sideline.
- **HONOR THE GAME** only works if you help us make it work.



Refereeing Spring Soccer Games

Games may not have a Ref

Each Coach is responsible for half of the game.

- **Know the rules** for your team (eg. age group, the offside rule, heading, etc); “Spring Rules” are posted on the Spring Soccer page (under PLAY) of the SYSA website (www.sysa.org)
- Each coach referees one half of the game, or identifies a parent to do so, or a sibling who is a referee
- If there is any doubt make the call... player safety and fun is the priority!

Some games may have refs in training

In some cases, SSRA (Seattle Soccer Referee Association) may assign referees to spring games as part of their training/development programming. Respect them and be patient.

No Standings are kept during spring

Again, Spring is a developmental concept. We do not want to see lopsided scores. Use the mercy rule and even combine players to end the game if needed.



Player Injury/Safety Procedures

- A First Aid Kit/Medical bag and players family contact info should be kept on the sideline at all times.
- If a head injury has occurred and is serious, call 911. If non-emergency injury and player can walk off the field, allow them to do so. **Then follow all concussion protocols and player is free to leave with their family.**
- If an injury takes place that prevents a player from walking off the field under their own power, coach/es should assist the player off the field. Parent should then be called and allowed to tend to the player or give permission to send to hospital if the injury is deemed serious enough. Set this expectation with your team.



The Spirit of Spring Soccer & Fostering a Positive “Culture”



Developing an Appropriate Culture

- Do you have an awareness of your own team culture? ... What is it? How do you encourage it?
- Let's talk playing time, communication to all, resources & asking for help.
- Philosophy, DNA or Culture consists of the teams 'norms', values, methods and overall goals. Not just style of play. What things do you not want to see?
- **Help us create and maintain fun team cultures that benefit everyone** that is for all players, all parents, all referees & all fellow coaches.
- What is the difference between a Mentor and a Coach?
- Respect all opponents, referees and spectators.

All coaches need to foster a fun, safe environment that focuses on the process and not just the outcome. "Meet them where they are"



Contacting Us

David Griffiths, Executive Director - davidg@sysa.org

Stephanie Skinner, Scheduler - stephanie.skinner@sysa.org

Megan Lund, Scheduler - megan.lund@sysa.org

Paige Blomsø, Registrar - paige.blomso@sysa.org

Anne Bare, Assistant Registrar - anne.bare@sysa.org

Kristin Bates, Assistant Registrar - kristin.bates@sysa.org

Ken Sloan, Spring Soccer Field Coordinator - sysa.springsoccer@comcast.net

Game Day Field Emergency? Text Ken at 206-551-0117



Q&A Session

Questions?

1st - Registration & Rosters

2nd - Game Schedules

3rd - Field Set-Up

4th - Referees & Rules

All Other

